

The **spinous process** of the seventh cervical vertebra is a long, almost horizontally projecting process that ends in a prominent non-bifid tubercle, to which is attached the ligamentum nuchae. Attached to the spinous process anteriorly to posteriorly are **multifidus**, semispinalis thoracis and spinalis capitis. The interspinales are attached just deep to the apex and trapezius directly to the apex.